



## OMKAR SHIKSHAN PRASARAK MANDALS

## ARTS, COMMERCE AND SCIENCE COLLEGE, GADHINGLAJ, DIST. KOLHAPUR (MH)

## **DEPARTMENT OF SPORTS**

Report of Online National Level Webinar (2020-21)

Date:

11/07/2021

Level:

**National** 

Type of Event:

Online National Webinar On 'Sports Nutrition'

Skill/Value:

**Diet Values** 

Resource Person:

Subject:

Role of nutrition in sports performance

Resource Person:

Hon. Dr. Geetanjali Bhide (Pune)

Hon. Dr. Meena Godhia (Mumbai)

Subject:

Practical applications in sports nutrition

Coordinator:

Shri. Suresh Dhure

Organizer:

Department of Sports And IQAC

Objectives:

1. To give players and coaches scientific knowledge about

sports nutrition

## Outcome

1. Players and coaches were given scientific knowledge about sports nutrition

No. of participants:

192











