

1. Annexure- 3 : 7.3

Best Practice- i



1. Title of the Practice

Workshops on Sports, Shivaji University all India National YOGA Practice Camp, Organized University Zonal and Inter zonal competitions.

2. Goals

- To create awareness among students regarding sports and physical fitness.
- To develop interest in students about variety of indoor and outdoor games.
- To give basic and advance knowledge of sports to rural students.
- To encourage maximum participation of rural students in different sports activities.
- To impart scientific knowledge about different sports.
- To develop good sportsperson in rural areas.
- To give information on physical fitness, diet and first aid to students and sportsperson.
- To create Platform for rural students.
- To impart National level contribution for Sports.
- To encourage Women's Sports Game.

3. The Context

Modern age is very fast. There are numerous physical and mental diseases like tension, stress, addiction, obesity, underweight are found in young generation. Especially physical problems of teenage is a more serious issue. So we feel it is very much essential to inculcate among rural students the importance of physical fitness. To achieve the goal of 'Sound mind in a sound body' we are continuously undertaking workshops on sports and health related issues with this we also organize Shivaji University all India National YOGA Practice Camp and University Zonal and Inter zonal competitions.

4. The Practice

Our college is conducting workshops on themes related to sports in last year. Eighty students and Physical Directors Participant from cluster colleges participate in these workshops and are benefited by the knowledge of experts. Apart from this, college has organized Shivaji University all India National YOGA Practice Camp and University Zonal and Inter zonal competitions.

Sr. No.	Title of Workshops	Resource Persons	Date	No. of Participants
1	Sport Injuries And Accupressure	Dr. S.M. Patil	04/01/2018	80

Organized Sports Competition and Practice Camp :

Sr. No.	Date	Event	Level
1	5 and 6 Jan 2018	Inter Zonal Women Soft Ball	University
2	20 to 28 Sept. 2017	Shivaji University all India National YOGA Practice Camp	National Level

5. *Evidence of Success*

- Our students have successfully participated and won at University, State and National level competitions in sports.
- About four students have been selected in Defence and Police Department.
- There is increase in the number of participation of students in different sports.
- In recent past in Gadhinglaj and surrounding areas number of sportsman have done excellent achievements in different fields.
- University has given an opportunity to conduct Zonal and Inter-Zonal level tournaments.
- University has selected our college Physical Director on various committees like Team Manager, Coach, Team selection committee Member and Observer etc.

6. *Problems Encountered and Resources Required*

Following problems are encountered in conducting this best practice.

- All Students are not benefitted due to limited participation in workshop.
- Funding is not as sufficient as it is required.
- Resource person from far off places cannot be invited.

7. *Contact Details*

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Best Practice - ii

1. *Title of the Practice*

Community Work of Faculty Members.

2. *Goals*

- To create social awareness on different socio - economic issues.
- To Develop social responsibility among students.
- To create awareness regarding social evils.
- To attend different social platforms without any monetary expectations.
- To deliver lectures on life and works of different socio-political leaders.
- To develop scientific bent of mind in the society.

3. *The Context*

Our Society is facing number of social problems and issues. It is very much necessary to make them aware of such issues and problems and also give relevant remedies. Social issues like- gender discrimination, dowry, value education, women empowerment, human rights, environmental issues, communal harmony etc. are need to be addressed. Therefore our faculty members make use of different platforms to address these issues. Now a days we try to bridge the gap between academic institution and the community at large.

4. *The Practice*

Our faculty members have delivered public talks on various issues such as value education, personality development, communal harmony, environment protection, gender discrimination etc. Most of our faculty members are involved in collaborative activities with NGOs and GOs. Shivaji University, Disaster Management Cell, District Vyasana Mukti Abhiyan (Addiction Free) Social welfare committee, ANIS, Bhim Shakti Foundation, SUTA, BJS, Yog Vidya Dham etc. are some of the organizations wherein our faculty give their positive contribution. All faculty members actively participate in Gram Panchayats for organizing NSS Residential Camps. Some of our faculty members have extended service through public talks, by organizing rallies and street plays too. Our faculty members have delivered public talks on different issues of society.

5. *Evidence of Success*

Considering the community work of our faculty, They are invited as guest lecture by NGO's and GOs. Considering their work They are elected on various bodies. Dr. S.M. Chavan delivered nine public talks, Asst. Prof. D.G. Chighalikar six, Asst. Prof. S.S. Patil five, Asst. Prof. D.S. Kshirsagar two. Asst. Prof. D.G. Chighalikar is working as Taluka President of Rastra Seva Dal, Gadhinglaj, Vice President of Samata Vichar Manch, Gadhinglaj, organized Constitution awareness rally. Dr. K.R. Tanange is working as Taluka Secretary of Samajwadi Prodhini, Gadhinglaj. Asst. Prof. S.S. Patil is working Board of Director of Ravalnath Housing Finance Society, Gadhinglaj.

6. *Problems encountered*

Limited financial sources, lack of response of the people. In spite of this, we are doing our sincere efforts to do something towards society.